



# Bulletin #3

## Event information

**17<sup>th</sup> World Mountain Bike Orienteering Championships**  
***WMTBOC***

**World Mountain Bike Orienteering World Cup Round 2**  
***WCup***

**12<sup>th</sup> Junior World Mountain Bike Orienteering Championships**  
***JWMTBOC***

**26<sup>th</sup> July – 4<sup>th</sup> August 2019**  
**Viborg, Denmark**

**<http://wmtboc2019.dk>**  
**[info@mtbo2019.com](mailto:info@mtbo2019.com)**



## Support



**VIBORG**  
KOMMUNE

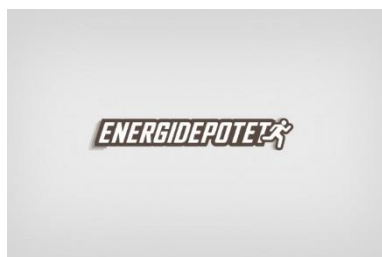
**VISIT**  
**VIBORG**

**SPORT EVENT DENMARK**  
HOSTING WINNERS

## Partners



*Din uafhængige autopartner*



**TJ TRUCK**<sup>aps</sup>  
**SERVICE**



## Event information

Dear all,  
Please find the event information in this bulletin #3.

The Danish Orienteering Federation and all the volunteers are looking forward to host you at the WMTBOC/JWTBOC in July/August.

Welcome to Viborg

**JØRN SVENSEN**  
*Event Director*



## Patrons

### Welcome to Viborg

Dear participants and guests,

In Viborg, we are looking forward to welcoming you to the MTBO Championships 2019.



Together with the Danish Orienteering Federation, we are proud to be part of the World Mountain bike Orienteering Championship and the Junior World Mountain bike Orienteering Championship.

You will experience extensive heath areas, hilly and dramatic landscapes, an amazing game reserve and a multitude of parks and recreational areas.

Viborg Municipality is, geographically, the second largest municipality in Denmark and the area offers many exciting natural resorts suited for outdoor sports. These days, we are constructing a 100 kilometers mountain bike trail leading through five forests and natural resorts.

On the route, there are plenty of opportunities to combine exercises with cultural history as the trail passes bunkers, churches, drainage channels, heath areas and a working museum.

All in all: We are crazy about sports! Every year we host many large sports and cultural events – and we always strive to create the best possible settings and to give our guests the best possible experiences.

We will make effort to ensure that you get the opportunity to experience the beautiful nature of the Viborg area – the woods, the lakes, and (hopefully) Danish summer at its best. We recommend that you make time for a stroll in the cosy streets of Viborg and experience our cultural history as well as the excellent shopping possibilities.

I hope you have a fantastic championship in Viborg and wish all participants good luck!

**ULRIK WILBEK**

*Mayor of Viborg Municipality*

### Welcome to Syddjurs

Dear participants, sponsors and visitors at the World Championships,

On behalf of the municipality of Syddjurs, I wish you all welcome to Syddjurs and



especially to Ebeltoft, home of one of the World Championships distances.

As you will discover, Ebeltoft is a special place, a well preserved borough with cobbled streets and beautiful houses. Here you will also find an internationally renowned glass museum and a museum for the national treasure The Frigate Jutland – both worth a visit.

Ebeltoft lies on the outskirts of one of Denmark's most beautiful national parks, Mols Bjerger National Park. It stretches all the way from Ebeltoft to the medieval ruin at Kalø on the coast near Aarhus. The heartland of Mols Bjerger National Park is Mols Bjerger with its grassy and hilly landscape offers spectacular views across the bay. And for the biologically interested you can find a wide range of rare flowers, plants and insects.

The history of the area is defined by our beautiful coastline. Right from the Viking age, during the middle ages, up till today, the connection between sea and land has formed the development of towns and cities. I hope that you will enjoy the nature in our area, and that the weather will be warm and sunny, so you can have a swim in the clear water of the bay.

I wish you all good luck in the competition and a nice stay in our municipality and the city of Ebeltoft.

Sincerely,

**OLE BOLLESEN**

*Mayor*

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## 1. Organisation | Officials | Officials

### **Danish Orienteering Federation**

Idraettens Hus  
Broendby Stadion 20,  
DK-2605 Broendby  
E-mail: [dof@do-f.dk](mailto:dof@do-f.dk)  
Webpage: [www.do-f.dk](http://www.do-f.dk)  
Tel. +45 4326 2740

### **Event office | Event center**

Asmildkloster Agriculture School  
Asmildklostervej 1,  
DK-8800 Viborg  
E-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)  
Tel. +45 2018 4123  
Leader: Wilbert Lyngsø

### **Event Director | Point of Contact media**

Jørn Svensen  
E-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)  
Tel. +45 4044 6999

### **Competition Director**

Michael Lindholm  
E-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)  
Tel. +45 2636 7570

### **IOF Senior Event Advisor**

Magnus Wallenberg (SWE)  
E-mail: [magnus.wallenberg@gmail.com](mailto:magnus.wallenberg@gmail.com)  
Tel. +46 72231 44 22

### **National Controller**

Claus Poulsen  
E-mail: [claus.m.poulsen@gmail.com](mailto:claus.m.poulsen@gmail.com)  
Tel. +45 2139 8730



## 2. Venue | Event center

The event center is situated at ASMILDKLOSTER AGRICULTURAL SCHOOL, with top facilities in order to host the World MTBO Championships.

It is right near the town center of Viborg and easily accessible by car and public transport.

Within 1 km you will find supermarkets, several restaurants and shops. In the event center you will find free wi-fi, bike wash, bike storage, etc.



## 3. General map

**Aalborg Airport** is situated 90 km from the event center and with connective flights from Copenhagen and Amsterdam.

**The city of Viborg will host the 2019 WMTBOC & JWMTBOC.**

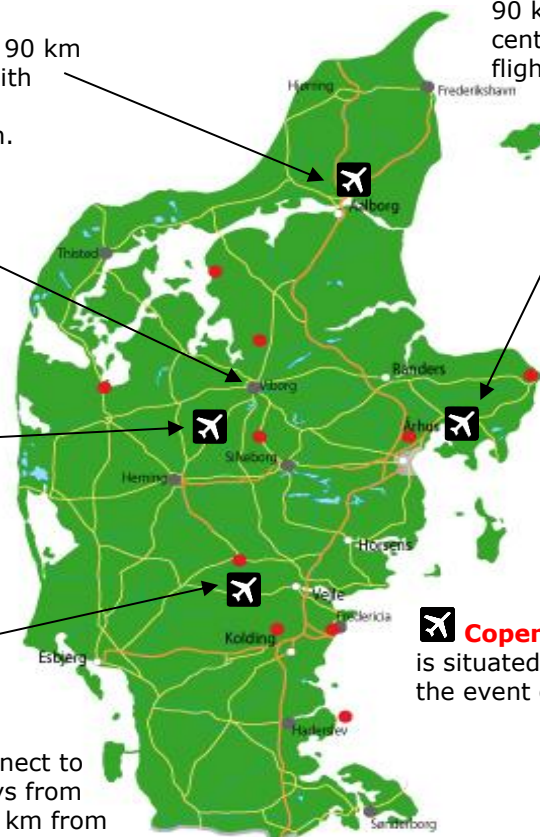
**Karup Airport** is situated 30 km from the event center and with connective flights from Copenhagen.

**Billund Airport** is situated 100 km from the event center and with more than 40 international destinations.

All major road networks of Europe connect to Jutland through Germany and highways from the rest of Europe ends as close as 40 km from Viborg.

**Århus Airport** is situated 90 km from the event center and with connective flights from Copenhagen.

**Copenhagen Airport** is situated 325 km from the event center.



## 4. Rules

The 2019 Championships will be organized in accordance with the Competition Rules for IOF MTB Orienteering Events, valid from 1<sup>st</sup> January 2019 and the Special Rules for the World Cup.

All Competition Rules for IOF MTBO are available here: <https://orienteering.sport/>

### Controls situated outside paths/tracks | Riding off track

In the sprint, long and relay competitions, controls may occur outside the tracks.

In general riding off the tracks will only be permitted in the relay competition.

In all other competitions; riding, running and walking off the tracks will be strictly forbidden, except in rideableArea 2 – orange colour as shown in ISMTBOM 2010, appendix 1 (p. 16). More in bulletin #4.

### Special features

MTB tracks will be drawn as on the image below. 25 % grey colour under the black line, just to show the rider, here is a MTB track. The MTBO commission has permitted this, through the IOF Senior Event Adviser. The signature will occur at middle, long and mass start maps.



### Notice! Allocation of start slots for the WMTBOC Long distance

All named entries for the Long distance will have a start in the A-final. There will be no qualification!

## 5. Program in head lines

Day	Date	WMTBOC   WCup   JWMTBOC	Viborg MTBO 6-days	
Thursday	25 <sup>th</sup> July	Arrivals & training	Arrivals & training	
Friday	26 <sup>th</sup> July	Arrivals & training		
Saturday	27 <sup>th</sup> July	Model event sprint	Model event sprint	
Sunday	28 <sup>th</sup> July	<b>Sprint</b> Opening ceremony	Stage 1:	Sprint
Monday	29 <sup>th</sup> July	Model event forest	Stage 2:	Middle
Tuesday	30 <sup>th</sup> July	<b>Middle</b>	Stage 3:	Middle
Wednesday	31 <sup>st</sup> July	<b>Long</b>	Rest day	
Thursday	1 <sup>st</sup> August	Rest day	Stage 4:	Long
Friday	2 <sup>nd</sup> August	<b>Mass start</b>	Stage 5:	Mass start
Saturday	3 <sup>rd</sup> August	<b>Relay</b> Closing ceremony   Banquet	Stage 6:	Semi-free order, chasing start
Sunday	4 <sup>th</sup> August	Departures	Departures	

World Cup round 2: W21 & M21 all individual competitions and Team Relay.

Young Guns Series round 7+8: W20, M20 sprint & middle.



## 6. Daily program

Time	WMTBOC   JWMTBOC	Where	Time	WMTBOC   JWMTBOC	Where
<b>Thursday 25<sup>th</sup> July</b>			<b>Friday 26<sup>th</sup> July</b>		
14.30-17.00	Training		07.00-09.00	Breakfast	EC
18.00-19.30	Dinner	EC	11.00-17.00	Training	
			18.00-19.30	Dinner	EC
Event office opening hours: 14.00-21.00			Event office opening hours: 14.00-21.00		
<b>Saturday 27<sup>th</sup> July</b>			<b>Sunday 28<sup>th</sup> July</b>		
07.00-09.00	Breakfast	EC	06.30-08.30	Breakfast	EC
12.00	Name entries sprint	Event office	09.00-12.45	<b>SPRINT</b>	Viborg City
14.00-17.00	Model event sprint	Viborg Vest	13.00	Flower ceremony	Finish arena
18.00-19.30	Dinner	EC	14.00-17.00	MTBO 6-days, stage 1	
18.45	Team officials' meeting	EC	17.30-18.45	Dinner	EC
			19.00-20.30	Opening ceremony & medals award	Town Hall
Event office opening hours: 09.00-13.00 + 17.30-18.30			Event office opening hours: 07.30-10.00 + 17.00-18.30		
<b>Monday 29<sup>th</sup> July</b>			<b>Tuesday 30<sup>th</sup> July</b>		
07.00-09.00	Breakfast	EC	06.00-08.30	Breakfast	EC
09.30-14.00	MTBO 6-days, stage 2	Stendal	09.30-13.15	<b>MIDDLE</b>	Ebeltoft
12.00	Name entries middle	Event office	12.00	Name entries long	Event office
14.00-17.00	Model event forest	Stendal	14.00	Medals award	Frigate Jutland
18.00-19.30	Dinner	EC	15.00-19.00	MTBO 6-days, stage 3	Ebeltoft
18.45	Team officials' meeting	EC	18.00-19.30	Dinner	EC
			18.45	Team officials' meeting	EC
Event office opening hours: 09.00-13.00 + 17.30-18.30			Event office opening hours: 09.00-13.00 + 17.30-18.30		
<b>Wednesday 31<sup>st</sup> July</b>			<b>Thursday 01<sup>st</sup> August</b>		
06.30-09.00	Breakfast	EC	07.00-09.00	Breakfast	EC
10.00-16.30	<b>LONG</b>	Stråsø	10.00-16.00	MTBO 6-days, stage 4	Broddingbjerg
17.00	Medals award	Finish arena	12.00	Name entries mass start	Event office
18.30-20.00	Dinner	EC	18.00-19.30	Dinner	EC
			18.45	Team officials' meeting	EC
Event office opening hours: 09.00-13.00 + 17.30-18.30			Event office opening hours: 10.00-13.00 + 17.30-18.30		
<b>Friday 02<sup>nd</sup> August</b>			<b>Saturday 03<sup>rd</sup> August</b>		
07.00-09.00	Breakfast	EC	06.30-08.30	Breakfast	EC
09.30-12.30	<b>MASS START</b>	Undallslund	09.30-12.30	<b>RELAY</b>	Finderup
12.00	Name entries relay	Event office	13.00	Medals award & closing ceremony	Finish arena
13.00	Medals award	Finish arena	14.00-17.00	MTBO 6-days, stage 6	Finderup
13.30-16.30	MTBO 6-days, stage 5	Undallslund			
18.00-19.30	Dinner	EC			
18.45	Team officials' meeting	EC			
Event office opening hours: 09.00-13.00 + 17.30-18.30			Event office opening hours: 10.00-14.00 + 17.00-18.00		
<b>Sunday 04<sup>th</sup> August</b>					
07.00-09.00	Breakfast	EC			
Event office opening hours: 08.00-12.00					

All timings subject to change. Final program in bulletin #4.

## 7. Team officials' meeting

The organizer will hold a meeting on the day prior to all competitions.

The meeting will take place at the Event center and will begin at 18.45 hours.

The Competition Director will run the meeting, while the IOF Senior Event Adviser will supervise the meeting. The agenda will follow IOF rules, appendix 5.

Each federation is entitled to participate with up to two persons according to the rules.

It is strongly recommended, that the team officials' have read the bulletin #4 before the meeting.

After the meeting, the information from the meeting will be uploaded on the website.

Start number bibs, start lists, and other information will be handed out before the meeting at the event.

The aim is at 18.00 hours at the event office.

## 8. Course details

Competition		WMTBOC men	WMTBOC women	JWMTBOC men	JWMTBOC women
<b>Sprint</b>	Length*:	10,2 km	9,1 km	8,8 km	6,5 km
	Total climb:	105 hm	85 hm	80 hm	60 hm
	Controls:	31	27	23	17
	Refreshments:	0	0	0	0
	Winning times:	20-25 min	20-25 min	16-20 min	16-20 min
<b>Middle</b>	Length*:	16,3 km	14,5 km	13,8 km	11,8 km
	Total climb:	330 hm	290 hm	275 hm	240 hm
	Controls:	30	28	25	23
	Refreshments:	0	0	0	0
	Winning times:	50-55 min	50-55 min	40-44 min	40-44 min
<b>Long</b>	Length*:	46,0 km	37,0 km	34,0 km	28,0 km
	Total climb:	400	325	300	250
	Controls:	27	22	20	18
	Refreshments:	1	1	1	1
	Winning times:	105-115 min	105-115 min	82-92 min	82-92 min
<b>Mass start</b>	Length*:	24,8	22,8	19,2	17,0
	Total climb:	270	235	205	185
	Controls:	42	36	31	26
	Refreshments:	1	1	1	1
	Winning times:	75-85 min	75-85 min	60-68 min	60-68 min
<b>Relay</b>	Length*:	16,6-16,7 km	12,4-13,8 km	12,2-13,5 km	9,3-10,4 km
	Total climb:	390-450 hm	290-350 hm	280-370 hm	230-300 hm
	Controls:	26-28	21-23	21-23	16-17
	Refreshments:	0	0	0	0
	Winning times: Total:	40-45 min 120-135 min	40-45 min 120-135 min	30-35 min 90-105 min	30-35 min 90-105 min

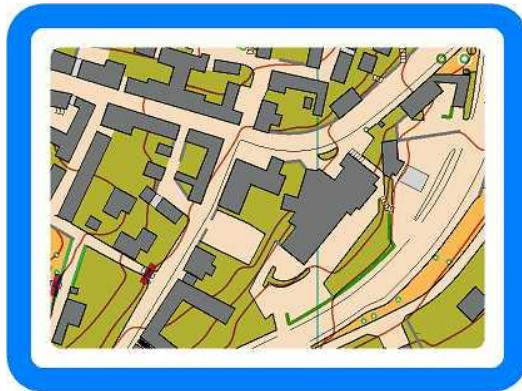
As of 31<sup>st</sup> May 2019. Any changes will be given in bulletin #4

\*Length = Shortest sensible route

## 9. Map details | Map samples | Terrain description

All maps are produced in accordance with the ISMTBOM 2010 and later amendments.

All maps are made by the same mapper.



### **Sprint**

#### **Viborg City Center**

The area has never been mapped before.

*Map scale:* 1:5000, *contour:* 2,5 m.

*Terrain:* In the very center of Viborg. An old, historical town center with many narrow and winding streets and irregular road system. There are many under passages and gates, which make the navigation quite challenging. There are some height differences in the town, which means there are some stairs (most can be ridden). The city is banned for cars, motor cycles etc and where will be no traffic lights.

*Distance from EC:* 1 km

**Notice:** Viborg City Center is fully embargoed – until after the sprint competition.

### **Middle**

#### **Ebeltoft**

Previous MTBO map from 2013.

*Map scale:* 1:7500, *contour:* 2,5 m.

*Terrain:* The Northern part is in general dense forest with complex network of narrow (not marked) MTB trails and forest roads. Slightly hilly area with short but often steep climbs, with height difference up to 15 meters. The Southern part is quite similar, but slightly less complicated network of path/tracks. A (marked) MTB track is made in this area and has a lot of short, sometimes steep climbs/decents. Other path/tracks are often slower/tougher to ride.

*Distance from EC:* 99 km



### **Long**

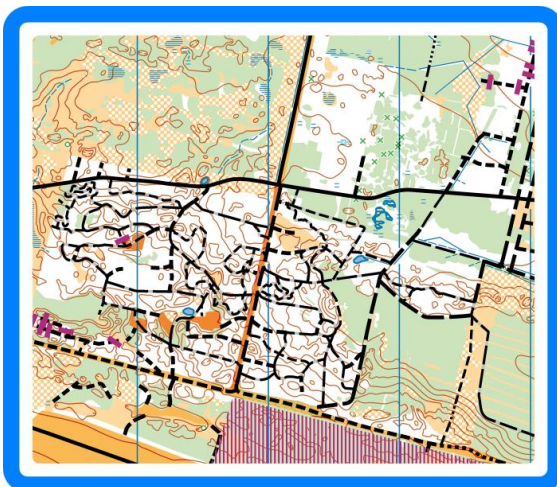
#### **Stråsø**

Previous MTBO map from 2011.

*Map scale:* 1:15000, *contour:* 2,5 m.

*Terrain:* Huge forest with relatively flat terrain contours, some hilly areas up to 25 meter height differences. Vegetation is mixed, with several large heath-lands with almost no paths and trails. Gravel roads cross through the entire area, leading from one forest part to the other. Lots of wide and parallel forest paths, easy to read and follow, but slower riding. Two areas also contain narrow mountain bike trails. Those trails, together with forest paths, makes map reading difficult. Wide firebreaks connect roads and paths along natural borders between forest and heath-land. Most of them are relevant route choices.

*Distance from EC:* 70 km



**Mass start****Undallslund**

Previous MTBO map from 2013.

*Map scale:* 1:10000, contour: 2,5 m.

*Terrain:* Varied and mixed forest with a very dense trail network. Mostly flat but with areas with steep and detailed contours. The forest is intensely used by hikers, mountain bikers and other user groups for outdoor activities. Paths, trails and forest roads are generally very fast and easily rideable and a fast riding purpose built mountain bike trail twists throughout the forest. The western part of the forest is less visited and contains only more rough forestry roads and paths which are slower riding.

*Distance from EC:* 7 km

**Relay****Finderup**

Previous MTBO map from 2011.

*Map scale:* 1:10000, contour: 2,5 m.

*Terrain:* Military training area, with a lot of hard packed and sandy tank tracks. The area is mostly open with very good visibility, and minor areas of dense forest. The open areas are rough open land, with underbrush, broom and scattered vegetation, part flat grassland. There are lots of steep hills, but the height difference is moderate. The rideability is mostly above average with few very soft and loose sandy areas. The steep climbs however will challenge even the strongest among you.

*Distance from EC:* 14 km

**10. Time keeping system**

SPORTident Air+ will be used in all competitions.

The minimum working range is 150 cm.

All competitors will have to use an ActiveCard (SIAC).

Regarding back up cards; it is (still) under consideration.

More information on the website and in bulletin #4.



Photo: Burmann.at



## 11. Embargoed areas

The embargo is in place until after the WMTBOC 2019 in July/August 2019. The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organizers. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team coaches, manager or anyone associated the team/individual.

**Viborg City Center is totally embargoed until after the sprint competition!**

Any permission for access into embargoed areas must be requested from the organizers, if needed and before access. This includes also if there are any MTB events taking place in the embargoed areas and potential competitors wish to participate. The embargo includes the use of drones in or about the terrain.

Old orienteering maps (MTBO or Foot) are available on the website along the specific embargoed areas.

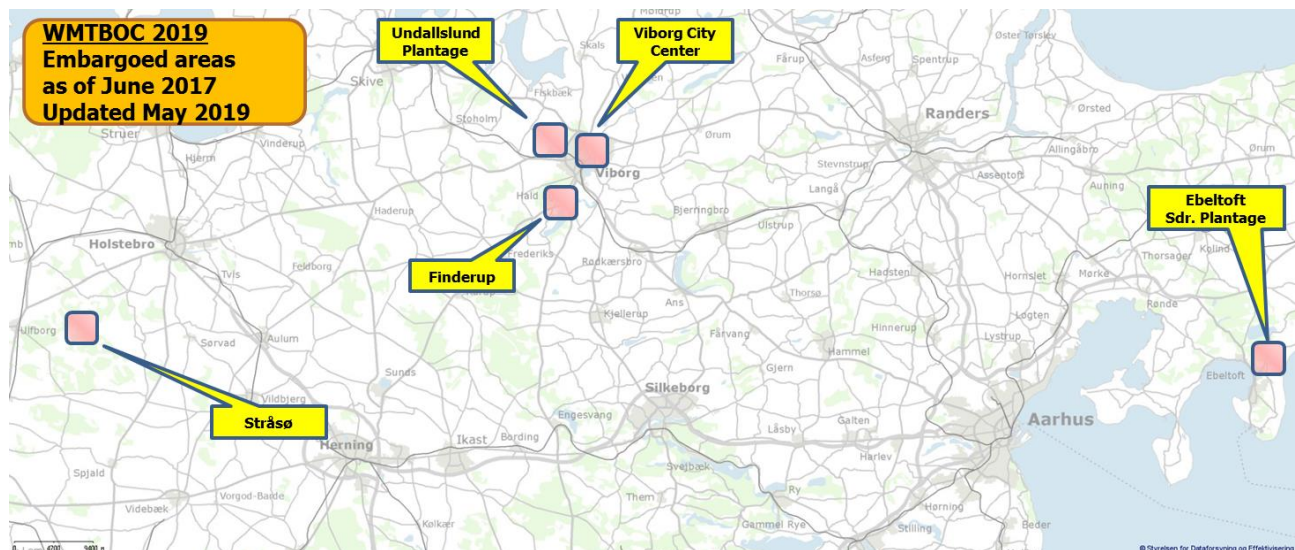
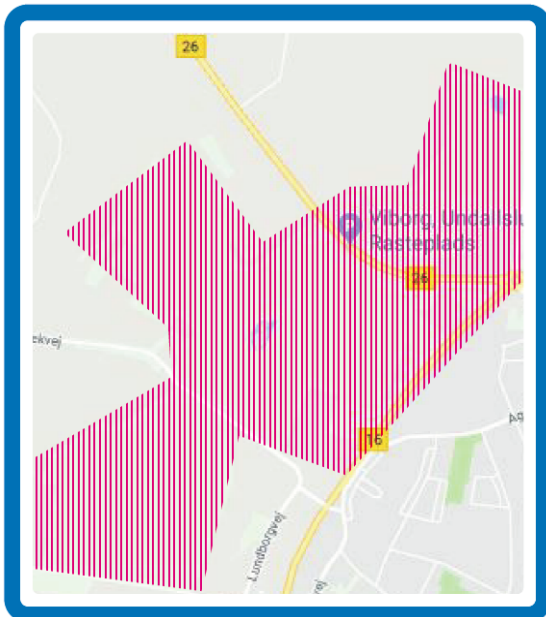
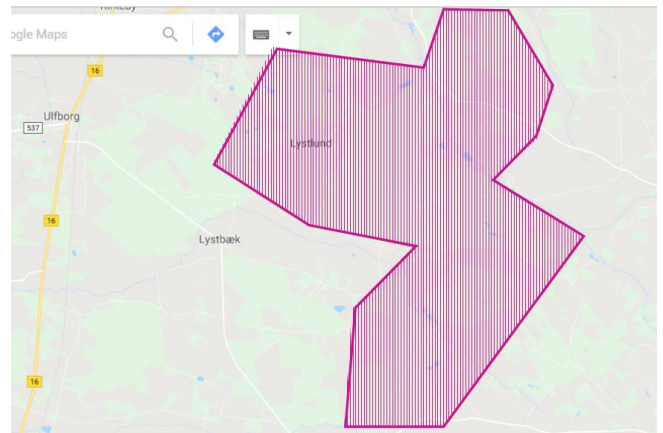
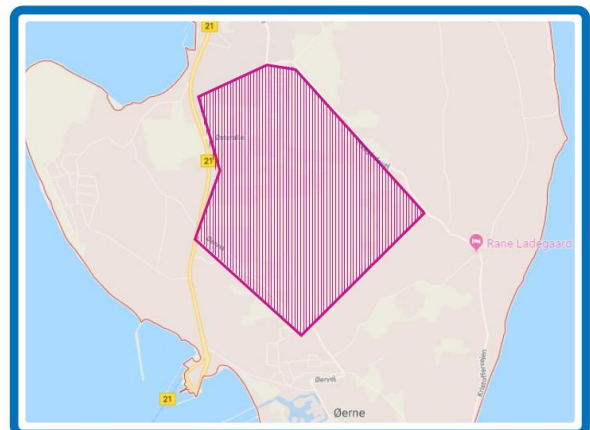
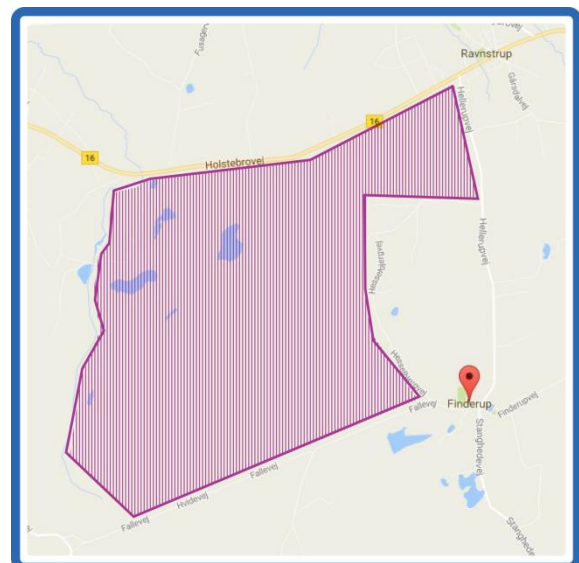


Photo: Burmann.at



**Embargoed areas**

See fully embargoed areas on the website.

**Undallslund****Stråsø****Ebeltoft****Viborg City Center****Finderup**

## 12. Entries

All entries via IOF eventor: <https://eventor.orienteering.org/Events/Show/5690>

Competitors may only be entered by their federation.

### Deadlines

#### Team size by 24<sup>th</sup> May 2019

- Federation
- Total number of each gender
- Number of competitors in each discipline
- Number of relay teams
- Number of team officials (the maximum number is 6 per federation)
- Name of team manager, e-mail address and contact number
- Number of SIAC rentals

#### Team names by 17<sup>th</sup> July 2019

- Each competitor's family name, first name, gender, year of birth, the competitions in which they will compete and SIAC number
- Names of team officials

## 13. Entry fees

	WMTBOC	JWMTBOC
Entry fee*	EUR 60	EUR 40
All competitors; per person		
Accreditation fee**	EUR 60	
Team officials e.g.; per person		
Sprint; per person	EUR 60	EUR 40
Middle; per person	EUR 60	EUR 40
Long; per person	EUR 60	EUR 40
Mass start; per person	EUR 60	EUR 40
Relay; per team	EUR 180	EUR 120

\*Including model events and banquet.

\*\* Including banquet.

Full payment of all entries including accreditation fees must be made **no later than 14<sup>th</sup> June 2019**.

### Payment details

IBAN: DK0993851110076904  
 Account holder: Dansk Orienterings-Forbund (Danish Orienteering Federation)  
 Company ID: 45102319  
 Address: Idrættens Hus, Brøndby Stadion 20, DK-2605 Brøndby  
 SWIFT/BIC: SPNODK22  
 Bank: Spar Nord

All charges/bank fees are to be paid by the sender.

### Late entries

Late entries/withdrawals will be accepted as follow:

- After the 24<sup>th</sup> May the surcharge is 20 % and withdrawals receive a 80 % refund.
- After the 17<sup>th</sup> July the surcharge is 50 % and withdrawals receive a 50 % refund. Names changes incur in a EUR 10 fee per name.

After the 21<sup>st</sup> July entries will not be accepted.

**14. Summary of entries**

<b>Federations</b>	<b>WMTBOC Men</b>	<b>WMTBOC Women</b>	<b>JWMTBOC Men</b>	<b>JWMTBOC Women</b>	<b>Officials WMTBOC</b>	<b>Officials JWMTBOC</b>
<b>Australia</b>	3				2	
<b>Austria</b>	6	4	4	3	2	3
<b>Czech Republic</b>	6	6	3	4	3	2
<b>Denmark</b>	3	2	3	5	2	
<b>Estonia</b>	5			1		
<b>Finland</b>	6	6	6	6	1	3
<b>France</b>	5	3	3	3	2	1
<b>Great Britain</b>	1	3			1	
<b>Italy</b>	6	1			1	
<b>Japan</b>	2	2				
<b>Latvia</b>			3			
<b>Lithuania</b>	4	3	3	3		1
<b>New Zealand</b>	4	1		2	3	0
<b>Norway</b>	1		2			
<b>Poland</b>	1		3	1		1
<b>Portugal</b>	5	2	3	1	1	
<b>Slovakia</b>	2	1			1	
<b>Slovenia</b>	1	1			2	
<b>Spain</b>	4	2	2	1		
<b>Sweden</b>	6	3	4	2	1	1
<b>Turkey</b>	1	1	2	1		1
<b>United States</b>	3	4				
<b>22</b>	<b>75</b>	<b>45</b>	<b>41</b>	<b>33</b>	<b>22</b>	<b>13</b>

As of 31<sup>st</sup> May 2019**15. Accommodation & meals**

See also bulletin #2 for more information.

All teams accommodated at the event center ASMILDKLOSTER AGRICULTURAL SCHOOL and will be catered at the event center. Breakfast and dinner is included in the accommodation fee. During the competition, there will be a sale at the event area.

**16. Clothing**

Please notice, that competitors may not wear the team clothing of another Federation during the official trainings, model events and competitions.

During the prize giving ceremonies, it is expected that the competitor is dressed in the official clothing of the Federation/nation. Avoid sunglasses, hats and such things.

## 17. Transport

To/from the nearest airport: On request. There will be a fee in EUR.

Daily transport: On request. There will be a fee in EUR.

Public transport from the nearest airports is possible, however it is rather tricky. E-mail us if you need information and we are happy to assist.

All requests must be handed in via e-mail no later than the 15<sup>th</sup> June 2019.

## Rent-a-car

Our sponsor **Intopit** offers you special rates on rental of transport.



Have a closer look at:

<https://www.intopit.dk/vm-mtbo2019/>

## 18. Climate

Average temperature in July/August is just below 20° C. However, the temperature can go as high as up to 30° C. Mean temperature during nighttime is 13-15° C.

Average rainy days are 14-16 per month. The average precipitation is between 77-91 mm per month.

## 19. Entry permits (Visas)

Denmark is a full Schengen member state. For residence outside Schengen you will have to apply for a short stay visa. Read more here: <http://um.dk/en/travel-and-residence/short-stay-visas/>

We are happy to assist if you e.g. need a personal invitation. Otherwise bulletin #2 was the official invitation.

## 20. Training opportunities

### Danish MTBO races

All Danish MTBO races are published here.

Webpage: [www.do-f.dk](http://www.do-f.dk)

### Individual training

We will be able to provide you with MTBO maps on request for your own training (map prices app. 4-8 EUR). Just e-mail, but in due time as we will have to ask for permits.

This also includes trainings on the 25<sup>th</sup> and 26<sup>th</sup> July. Maps will be available at the event office. Price 5 EUR per map per person per day!

## 21. Media services

Media representatives are more than welcome to the Championships. Accreditation shall be done via e-mail no later than 1<sup>st</sup> July 2019. Telephone: +45 4044 6999, e-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)

## 22. More information

### Webpage

<http://wmtboc2019.dk>

### Facebook

@wmtboc2019.dk

### Bulletins

#4 will be published the week before the championships.

### Viborg MTBO 6-days

Along the championships, Viborg MTBO 6-days, an open stage race will take place in almost the same terrains as the Championships.

This includes 2 x World Masters Series races and 2 x Young Guns Series races (Youth & Juniors) races.