

# **Bulletin #1-2**

## **Invitation**

# Viborg MTBO 6-days Part of WMTBOC/JWMTBOC 2019

26<sup>th</sup> July – 4<sup>th</sup> August 2019 Viborg, Denmark

http://wmtboc2019.dk info@mtbo2019.com







#### **Support**







#### **Partners**



















#### **Invitation**

Dear all,

On behalf of the Danish Orienteering Federation, we hereby invite all to take part in the 6 days of Viborg at Viborg, Denmark.

We have tried to give the participants a palette of different terrains to ensure that they will experience Denmark's beautiful nature. Sprint in Viborg city center, with fast route choices through backyards, streets and small parks. Middle distance in Ebeltoft, where all the tracks in some way turn the riders in different directions all the time, and on top of that, small hills. Middle distance in Stendal/Havredal plantage with hard tracks to ride. Long distance at Broddingbjerg hilly with lots of tracks and a start just outside the event center. Mass start in the surroundings of Viborg. Undallslund with loads of tracks, that will confuse the riders at high speed. And at last, the semi free order with chace start in Finderup exercise area to finish a good week in Viborg. All these races gives you the possibility to follow the World Mountainbike Orienteering Championships.

Welcome to Viborg

#### JØRN SVENSEN

Event Director



#### **Welcome to Viborg**

Dear participants and quests,

In Viborg, we are looking forward to welcoming you to the 6 days of Viborg 2019.

Together with the Danish Orienteering Federation, we are proud to be part of this exciting mountain bike event.

 Six different races. Hereunder 2 races in the World Masters series and in the Young Guns Series (Youth & Juniors).



You will experience extensive heath areas, hilly and dramatic landscapes, an amazing game reserve and a multitude of parks and recreational areas.

Viborg Municipality is, geographically, the second largest municipality in Denmark and the area offers many exciting natural resorts suited for outdoor sports. These days, we are constructing a 100 kilometers mountain bike trail leading through five forests and natural resorts.

On the route, there are plenty of opportunities to combine exercises with cultural history as the trail passes bunkers, churches, drainage channels, heath areas and a working museum.

All in all: We are crazy about sports! Every year we host many large sports and cultural events – and we always strive to create the best possible settings and to give our guests the best possible experiences.

We will make effort to ensure that you get the opportunity to experience the beautiful nature of the Viborg area – the woods, the lakes, and (hopefully) Danish summer at its best. We recommend that you make time for a stroll in the cosy streets of Viborg and experience our cultural history as well as the excellent shopping possibilities.

I hope you have a fantastic competition in Viborg and wish all participants good luck!

#### **ULRIK WILBÆK**

Mayor of Viborg Municipality

#### **Welcome to Syddjurs**

Dear participants, sponsors and visitors at the 6 days of Viborg.

On behalf of the municipality of Syddjurs, I wish you all welcome to Syddjurs and especially to Ebeltoft, home of one of the Masters series distances.

As you will discover, Ebeltoft is a special place, a well preserved borough with cobbled streets and beautiful houses. Here you will also find an internationally renowned glass museum and a museum for the national treasure The Frigate Jutland – both worth a visit.



Ebeltoft lies on the outskirts of one of Denmark's most beautiful national parks, Mols Bjerge National Park. It stretches all the way from Ebeltoft to the medieval ruin at Kalø on the coast near Aarhus. The heartland of Mols Bjerge National Park is Mols Bjerge with its grassy and hilly landscape offers spectacular views across the bay. And for the biologically interested you can find a wide range of rare flowers, plants and insects.

The history of the area is defined by our beautiful coastline. Right from the Viking age, during the middle ages, up till today, the connection between sea and land has formed the development of towns and cities. I hope that you will enjoy the nature in our area, and that the weather will be warm and sunny, so you can have a swim in the clear water of the bay.

I wish you all good luck in the competition and a nice stay in our municipality and the city of Ebeltoft.

Sincerely,

#### **OLE BOLLESEN**

Mayor of Syddjurs Municipality



Photo: Burmann.at

## **Content**

		Page
1.	Organisation	7
2.	Venue   Event center	8
3.	General map	8
4.	Rules   Riding off tracks	9
5.	Program	9
6.	Map details   Map samples   Terrain description	10-14
7.	Time keeping system	14
8.	Classes	14
9.	Entries	15
10.	Accommodation	16-19
11.	Car rental	20
13.	Climate	20
14.	Entry permits   Visas	20
15.	More information	21

## 1. Organisation | Officials

## **Danish Orienteering Federation**

Idraettens Hus Broendby Stadion 20 DK-2605 Broendby E-mail: dof@do-f.dk

Webpage: <u>www.do-f.dk</u> Tel. +45 4326 2740

#### **Event Director | Point of Contact**

Jørn Svensen

E-mail: info@mtbo2019.com

#### **Competition Director**

Michael Lindholm

E-mail: info@mtbo2019.com



Tel. +45 4044 6999

Tel. +45 2636 7570

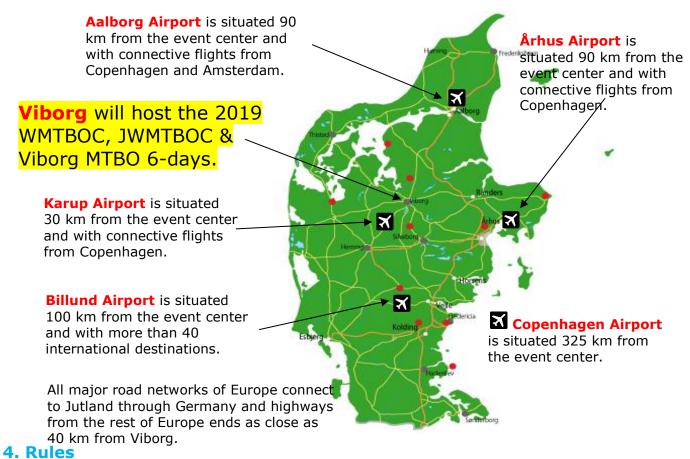
#### 2. Venue | Event center

The event center is situated at ASMILDKLOSTER AGRICULTURAL SCHOOL, with top facilities in order to host both the World MTBO Championships and 6 days of Viborg. It is right near the town center of Viborg. Easily accessible by car and public transport. Within 1 km you will find supermarkets, several restaurants and shops. In the event center you will find free massage, free wi-fi, MTBO related shops, bike mechanic, bike wash, bike storage, etc.

The same event center will be used at the 2019 MTBO Camp.



#### 3. General map



4. Kules

The Viborg MTBO 6-days will be organized in accordance with the Competition Rules for IOF MTB Orienteering Events, valid from 1<sup>st</sup> January 2019.

All Competition Rules for IOF MTBO rules are available here: <a href="https://orienteering.sport/mtbo/competition-rules/">https://orienteering.sport/mtbo/competition-rules/</a>

#### **Riding off track**

- Riding off the tracks will be permitted only at the chase start competition.
- In all other competitions; sprint, middle, long and mass start, riding, running and walking off the tracks will be <u>strictly</u> forbidden.

#### Controls situated outside paths/tracks

• In the free order chase start competition, controls can occur outside the tracks.

#### 5. Program

		1	Viborg MTBO 6-days	
Thursday	25 <sup>th</sup> July	Arrivals & training possible		
Friday	26 <sup>th</sup> July			
Saturday	27 <sup>th</sup> July		Model event sprint	WMTBOC program
Sunday	28 <sup>th</sup> July	Stage 1:	Sprint <b>Young Guns</b>	Sprint
Monday	29 <sup>th</sup> July	Stage 2:	Middle	Model event

Tuesday	30 <sup>th</sup> July	Stage 3:	Middle Young Guns/WMS	Middle
Wednesday	31st July	Rest day		Long
Thursday	1 <sup>st</sup> August	Stage 4:	Long <b>WMS</b>	Rest day
Friday	2 <sup>nd</sup> August	Stage 5:	Mass start	Mass start
Saturday	3 <sup>rd</sup> August	Stage 6:	Semi-free order, chasing start	Relay
			Banquet	
Sunday	4 <sup>th</sup> August	Departures		

## **6. Maps details | Map samples | Terrain description**

All maps are produced in accordance with the IOF SMTBOM 2010 and later amendments. All maps are made by the same mapper.

At the same time as we offer the races, we also offer you spare time offers.

#### Stage 1: 28th of July Sprint

First botanical Garden and Nordic park

Map scale: 1:5000, contour: 2,5 m.

Terrain: Lots of track. Distance from EC: 400 m



We offer a guide tour through Viborgs history

Viborg is one of Denmarks oldest cities with traces all the way back to ancient times. Viborg means "holy mountain".

Traders, warriors, crafstmen, pilgrims and adventurers came walking, riding and running with horses and oxen to take further along the Ancient Road to the major trading places and shrines in the south.

Until the introduction of absolute monarchy in 1660, all Danish kings hailed at the thing in Viborg, and noble gentleman men and Catholic bishops adorned the city with monumental buildings, including the characteristic cathedral with two towers.



Visit Viborg offers you guided tours through Viborgs history. It will be possible to sign in for this at the bulletin #3.

#### Stage 2: 29th of July Middle distance.

#### Stendal/Havredal Plantage

MTBO map from 2019.

Map scale: 1:7500/10000, contour: 2,5

m.

Terrain: Typical Northwest terrain with long

gravel roads. Hilly in some areas.

Distance from EC: 20 km



#### We offer you this special deal after the race in Stendal/Havredal.

Why not visit the Largest Limestone mine in the world?

Mønsted Kalkgrube <a href="https://www.monsted-kalkgruber.dk/en/">https://www.monsted-kalkgruber.dk/en/</a>

Welcome to the largest limestone cave in the world. Please set aside at least 2 hours for the visit. During the whole year the temperature stays at 8°, a good reason for bringing warm clothes. The caves are a perfect place for a visit during a rainy day or in a heat wave.

Normally you walk in the caves on your own, but you also have the option of a guided

tour to hear about the caves, their history and the bats. The tour has a duration of about 1 hour and must be booked in advance.

It will be possible to sign in for this at bulletin #3.



#### We also offer you this special deal after the race in Stendal/Havredal.



Vingaard & Gaardbryggeri

Remember that during the 6 day race, some of the prices are sponsored from the brewery Ugelris. <a href="www.ugelris-wingaard.dk/">www.ugelris-wingaard.dk/</a> After the Middle distance in Stendal/Havredal the brewery will organize visits for everybody at the brewery in the evening. A good evening with free beer.

We have of course tasted the beer and can highly recommend it.

It will be possible to sign in for this at bulletin #3. Limited number of places.

#### Stage 3: 30th of July Middle

#### **Ebeltoft**

Old MTBO map from 2013.

Map scale: 1:7500 or 1:10000, contour: 2,5 m.

Terrain: A technical terrain with a dense network of paths and tracks. Rather flat, but

small hills now and then. Distance from EC: 99 km



#### We offer you this special deal after the race in Ebeltoft.



Frigate and surroundings. Look forward to something special. More information at the next bulletin.

The prizes at the race for the World Master that day is from A.H. Riise rum, who is also a sponsor of the Frigate Jutland.

The Frigate Jutland raises its impressive rain on the edge of the beautiful Ebeltoft Vig. With idyllic Ebeltoft on one side and Mols Bjerge on the horizon, Frigate Jutland offers everyone a welcome for an unforgettable experience.

After the race the price giving of the Masters and Young Guns will take place here.

We have a special offer to visit the Frigate with guide and to be served the special meal "SkipperLabskovs" Enjoyed between the cannons at the Frigate.

There will be a super sprint, with a winning time of 5-6 min. Controls at the





# Stage 4: 01<sup>st</sup> of August Long distance

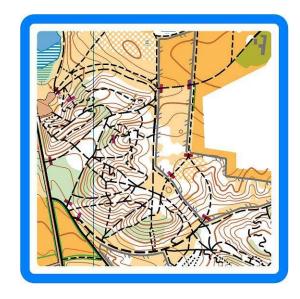
#### Broddingbjerg

MTBO map from 2018.

*Map scale*: 1:7500 or 1:10000, contour: 2,5 m. *Terrain*: Forest with a dense network of paths

and tracks. Hilly.

Distance from EC: 0 km



#### We also offer you a special deal after the race in Broddingbjerg.

Take a boat trip with the lake queen "Margrethe I" and enjoy a beautiful trip on the Viborg lakes. Experience the old royal town of Viborg from the seaside, and have a nice view of the city skyline and the beautiful scenery around the lakes. During the boat trip, the tales of Viborg will be told.

It will be possible to sign in for this at bulletin #3.

#### **Stage 5: 02<sup>nd</sup> of August Mass start**

#### **Undallslund**

Old MTBO map from 2013.

Map scale: 1:7500 or 1:10000, contour: 2,5 m. Terrain: Forest with a dense network of paths and

tracks. Rather flat. Distance from EC: 7 km



# Stage 6: 04th of August Semi-free order, chase start

#### **Finderup**

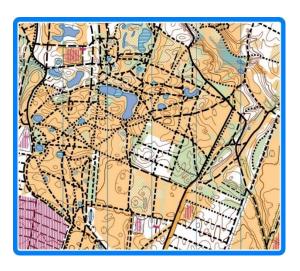
Old MTBO map from 2011.

Map scale: 1:7500 or 1:10000, contour: 2,5 m.

Terrain: Military training area with lots of tracks. Sandy ground, small hills and open

areas.

Distance from EC: 14 km



#### 7. Time keeping system

SPORTident Air+ will be used in all competitions.

The minimum working range is 150 cm.

All competitors will have to use an ActiveCard (SIAC). Rental will be possible.

#### 8. Classes & participation

At the Viborg MTBO 6-days the following classes are ready for you:

W/M-11

W/M-14

W/M-17 Young Guns Series

W/M-20 Young Guns Series

W/M21

W/M35, 40, 45, 50, 55, 60, 65, 70, 75, 80 World Masters Series

Competitors participate at their own risk. Third party insurance and personal injury insurance is compulsory and shall be the responsibility of their federation or themselves, according to national regulations.

The overall 6-days will take place as a point score race. Best 4 out of 5 results will count before the final chasing start. More on that in Bulletin #3.

#### 9. Entries

All entries via Raceresult.

#### http://my2.raceresult.com/120892/info?lang=dk

	Fee	
All six races	EUR 125	Incl. sprint model event
Only 2 x World Masters Series races	EUR 45	
Only 2 x Young Guns races	EUR 45	
Single race	EUR 30	It can only be possible to sign in at event area at stage 1-5
Banquet 03 AUG at the event center	EUR 30	You can sign in for the banquet, at the entry on raceresult
SIAC rental	EUR 20	SIAC rental for all 6 races

#### **Late entries**

Late entries/withdrawals will be accepted. However, after the  $24^{th}$  May the surcharge is 20~%.

After the 21st July entries will not be accepted.

#### 10. Accommodation

# **Important**

At the same time as the 2019 Championships, the city of Viborg will host a youth handball event. It is expected that around 4000 participants plus relatives will take part. So, expect limited space for accommodation as times flies. We recommend you to order accommodation as soon as possible to be sure you are ready for the 6 days of Viborg.



# Accommodation at the event center

Type of room	Price per night per person	Number of rooms	Remarks
2-persons room with access to shared bathroom*	52 Euro	115	Max 2 persons per room
Single person room with access to shared bathroom*	64 Euro	115	Max 1 person per room
Classroom, hard floor**	35 Euro	A lot	Max 20 persons per room
Camper (van) at the parking lot incl. half board***	25 Euro	A lot	
Small apartment suitable for 2-3 persons**	59 Euro	25	Max 2 persons per room

<sup>\*</sup> bathroom shared with one other room. Bring sleeping bag or duvet/pillow

All prices as of 2018 <u>including half board</u> per person, per night. No reduce to B&B possible.

More information and accommodation form will be on the website. We are trying to make as many as possible to stay at the event center.

Payment : Full payment of all accommodation must be made **no later than 14**<sup>th</sup> **June 2019**.

<sup>\*\*</sup>bring mattress or sleeping pad and sleeping bag or duvet/pillow.

<sup>\*\*\*</sup>access to shower, bathroom etc.



# Visit Viborg is ready to help you with accommodation for your stay in Viborg.

https://www.visitviborg.com/ln-int/viborg/are-you-guest-viborg

#### Welcome to the Viborg region, the heart of Jutland!

A visit to Viborg - called the "Heart of Jutland" - is a trip through history, culture and nature. Visitors will find a wonderful mixture of an historical medieval town and beautiful varied countryside. Almost 400 years ago a historian said: "Viborg is like the mother of Jutland". The history of Viborg can be traced back a very long time. Take a walk through the cobbled streets and imagine the bustle of life in the middle.

#### A modern municipality of growth

The Municipality of Viborg has more than 95,000 citizens. This makes us the 9th largest municipality and a very strong player on the municipal map of Denmark. Furthermore, the city of Viborg is the "capital" of the Region of Mid-Jutland. From Viborg City it takes you about 25 minutes to go to Karup Airport by car, within one hour you can get to Aalborg or Aarhus and within app.  $3\frac{1}{2}$  hours to get to Copenhagen.

Viborg is a dynamic, pulsating city, focusing on a good quality of life. The growth in the number of newcomers shows an increasing interest in living, learning and working in Viborg or one of the many small villages located in the beautiful landscape around Viborg. In our own quiet way, we are proud of Viborg today – and we are proud of our history.

#### The history of Viborg

Viborg is second oldest city in Denmark. The official formation of Viborg started around the year 1000, but the area had been a sacred rallying ground since ancient times. The name "Viborg" is a combination of the Danish words "Wii" - which means sacred - and "bjerg" - which means hill, i.e.: The sacred hill.

Viborg Cathedral was, after a huge City fire, rebuilt in 1864-1876 as a round-arched Romanesque granite church and is still an impressive feat of construction. Inside you can see huge wall-murals painted by Joakim Skovgaard.

Viborg region has an unusually varied landscape with green woods, deep lakes, dramatic hills and open heath land. In Dollerup Bakker (Hills), you can listen to the bubbling springs all year round and feast your eyes on the glittering Hald Lake. The town of Viborg is slow-paced, yet charming. Viborg citizens are proud of the city's beautiful shop fronts and buildings. They provide an attractive atmosphere and are

the framework for an active busy market town, with many pedestrian streets and squares. There are many cafés, small galleries and exciting boutiques with clothes and crafts. Every Saturday throughout the year, there is a market on Nytorv and Sct. Mathias Centre is home to 35 specialist stores under a single roof.

Further information about Viborg and the region is available on visitviborg.dk. You're about to discover the Viborg region and we look forward to welcoming you! We wish you all a good and eventful World Championships.

Charlotte Kastbjerg, Director VisitViborg

# We recommend our sponsors

#### **Golf Hotel Viborg**

It is with great pleasure, that we welcome all our guests to Best Western Golf Hotel Viborg & Golf Salonen. Our hotel has a central location in Viborg - the heart of Jutland, making us a choice location to meet. Whether it is for a lovely dinner in our restaurant, a short stay, a relaxing weekend mini break, or for hosting a big conference or party, we are ready to receive you.

The outstanding surroundings by the beautiful lakes and park in Viborg with a peaceful atmosphere, gives your stay an extra dimension. Our hotel has a well-educated and flexible staff with many years of experience - and an attitude, that won't make you regret choosing Best Western Golf Hotel Viborg

The Hotel offers you "Sleep with your bike" - If you wish, you can borrow a specially made bike mat without charge, so you can take the bike in the room.

MTB guests can also enjoy our new laundry facilities, with room for more users who can wash the bikes after a mud trip.



Puzzles for the professionals - Do you need to be in dry weather, or just a little cold, then go straight to our dedicated "bicycle workshop" with light and heat, as well as the opportunity to adjust the bike to the next day challenges.

https://www.golfhotelviborg.dk/ophold/mtb-ophold/

This Hotel is only 1 km from the event center and 500 m from the town center.



Photo: Burmann.at

#### **Motel Spar 10 Viborg**

Motel Spar 10 hotel invites you for a pleasant stay situated in pleasant green surroundings. This means that when you step outside, there will be forests and nature.

These natural surroundings contribute to make your stay at our hotel and motel even cozier and more comfortable and especially relaxing.

Here at Motel Spar 10 hotel you have the opportunity to find cheap accommodation and rent rooms to different events.

We offer rooms in a peaceful and tranquil setting of our hotel, where you will be greeted by the staff by an informal tone and a receive good treatment that will make sure that your stay at our motel will be nice and very comfortable.

At the motel you will find cozy and clean rooms, where you can get a good night's sleep. You'll also find common living areas at our hotel as well as a common minibar, where you can buy beer and soft drinks at reasonable prices.



Access to kitchenette, where you can make coffee or the 24/7. There is also an opportunity to cook, use the washing machine and tumble dryer. With our informal manner, we are sure that you will enjoy staying at our facilities

The Motel offers also the opportunity to use the bike wash.

#### https://www.motel-spar10-viborg.dk/

The Motel is only 4 km from the event center and 3 km from the town center.

All prices as of 2018 with half board per person and night (no reduce to B&B possible).

#### 11. Rent-a-car

Our sponsor *Intopit* offers you special rates on rental of transport.



Have a closer look at: <a href="https://www.intopit.dk/vm-mtbo2019/">https://www.intopit.dk/vm-mtbo2019/</a>

#### 12. Climate

Average temperature in July/August is just below 20° C. However, the temperature can go as high as up to 30° C. Mean temperature during nighttime is 13-15° C. Average rainy days are 14-16 per month. The average precipitation is between 77-91 mm per month.

#### 13. Entry permits (Visas)

Denmark is a full Schengen member state. For residence outside Schengen you will have to apply for a short stay visa. Read more here: http://um.dk/en/travel-and-residence/short-stay-visas/

We are happy to assist if you e.g. need a personal invitation. Otherwise this bulletin #1-2 is the official invitation.

#### 14. Training opportunities

#### **Danish MTBO races**

All Danish MTBO races are published here.

Webpage: www.do-f.dk

#### **Individual training**

We will be able to provide you with MTBO maps at the event center for your own training the following dates:  $25^{th} - 26^{th}$  and  $27^{th}$  of July (map prices app. 4-8 EUR).

# 15. More information

#### Webpage

http://wmtboc2019.dk

#### Facebook

@wmtboc2019.dk

#### **Bulletins**

- #3 will be published in May/June 2019
- #4 will be published the week before the Viborg MTBO 6-days

We are very much looking forward hosting the Viborg MTBO 6-days 2019

See you in Viborg, Denmark

SCHMAN.

Photo: Burmann.at