



# Bulletin #2

## Official invitation

**17<sup>th</sup> World Mountain Bike Orienteering Championships**  
***WMTBOC***

**World Mountain Bike Orienteering World Cup Round 2**  
***WCup***

**12<sup>th</sup> Junior World Mountain Bike Orienteering Championships**  
***JWMTBOC***

**26<sup>th</sup> July – 4<sup>th</sup> August 2019**  
**Viborg, Denmark**

**<http://wmtboc2019.dk>**  
**[info@mtbo2019.com](mailto:info@mtbo2019.com)**



## Support



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*Din uafhængige autopartner*



## Invitation

Dear all,

On behalf of the Danish Orienteering Federation we hereby invite all IOF federations to take part in the 2019 World Mountain Bike Orienteering and Junior World Mountain Bike Orienteering Championships at Viborg, Denmark.

We have tried to give the participants a palette of different terrains to ensure that they will experience Denmark's beautiful nature. Sprint in Viborg city center, with fast route choices through backyards, streets and small parks. Middle distance in Ebeltoft, where all the tracks in some way turn the riders in different directions all the time, and on top of that, small hills. Long distance in Stråsø. A forest with a lot of long fast flat roads, but also small areas with a lot of tracks. On top of that, we have mapped a complete new area for orienteering in Stråsø. Mass start in the surroundings of Viborg. Undallslund with loads of tracks, that will confuse the riders at high speed. And at last, the Relay in the military training area Finderup. Lots of trails, some sandy, some wet, some everything. This day will be a hard day to finish the World Mountain Bike Orienteering Championships 2019.

Welcome to Viborg

**JØRN SVENSEN**  
*Event Director*



## Welcome to Viborg

Dear participants and guests,

In Viborg, we are looking forward to welcoming you to the MTBO Championships 2019.

Together with the Danish Orienteering Federation, we are proud to be part of this amazing championship, which consist of:

- The World Mountain bike Orienteering Championship (WMTBOC)
- The Junior World Mountain bike Orienteering Championship (JWMTBOC)



You will experience extensive heath areas, hilly and dramatic landscapes, an amazing game reserve and a multitude of parks and recreational areas.

Viborg Municipality is, geographically, the second largest municipality in Denmark and the area offers many exciting natural resorts suited for outdoor sports. These days, we are constructing a 100 kilometers mountain bike trail leading through five forests and natural resorts.

On the route, there are plenty of opportunities to combine exercises with cultural history as the trail passes bunkers, churches, drainage channels, heath areas and a working museum.

All in all: We are crazy about sports! Every year we host many large sports and cultural events – and we always strive to create the best possible settings and to give our guests the best possible experiences.

We will make effort to ensure that you get the opportunity to experience the beautiful nature of the Viborg area – the woods, the lakes, and (hopefully) Danish summer at its best. We recommend that you make time for a stroll in the cosy streets of Viborg and experience our cultural history as well as the excellent shopping possibilities.

I hope you have a fantastic championship in Viborg and wish all participants good luck!

**ULRIK WILBÆK**

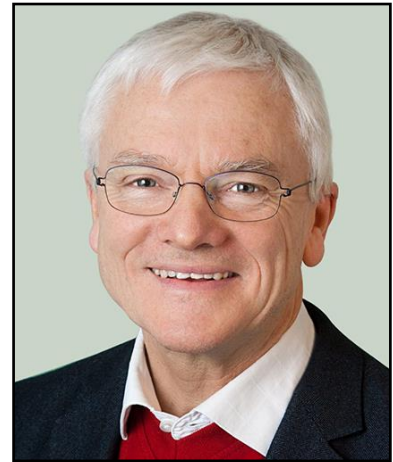
*Mayor of Viborg Municipality*

## Welcome to Syddjurs

Dear participants, sponsors and visitors at the World Championships,

On behalf of the municipality of Syddjurs, I wish you all welcome to Syddjurs and especially to Ebeltoft, home of one of the World Championships distances.

As you will discover, Ebeltoft is a special place, a well preserved borough with cobbled streets and beautiful houses. Here you will also find an internationally renowned glass museum and a museum for the national treasure The Frigate Jutland – both worth a visit.



Ebeltoft lies on the outskirts of one of Denmark's most beautiful national parks, Mols Bjerge National Park. It stretches all the way from Ebeltoft to the medieval ruin at Kalø on the coast near Aarhus. The heartland of Mols Bjerge National Park is Mols Bjerge with its grassy and hilly landscape offers spectacular views across the bay. And for the biologically interested you can find a wide range of rare flowers, plants and insects.

The history of the area is defined by our beautiful coastline. Right from the Viking age, during the middle ages, up till today, the connection between sea and land has formed the development of towns and cities. I hope that you will enjoy the nature in our area, and that the weather will be warm and sunny, so you can have a swim in the clear water of the bay.

I wish you all good luck in the competition and a nice stay in our municipality and the city of Ebeltoft.

Sincerely,

**OLE BOLLESEN**

*Mayor*



*Photo:*

*Burmam.at*

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## 1. Organisation | Officials

### **Danish Orienteering Federation**

Idraettens Hus  
Broendby Stadion 20  
DK-2605 Broendby  
E-mail: [dof@do-f.dk](mailto:dof@do-f.dk)  
Webpage: [www.do-f.dk](http://www.do-f.dk)  
Tel. +45 4326 2740

### **Event Director | Point of Contact**

Jørn Svensen  
E-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)  
Tel. +45 4044 6999

### **Competition Director**

Michael Lindholm  
E-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)  
Tel. +45 2636 7570

### **IOF Senior Event Advisor**

Magnus Wallenborg (SWE)  
E-mail: [magnus.wallenborg@gmail.com](mailto:magnus.wallenborg@gmail.com)  
Tel. +46 72231 44 22

### **National Controller**

Claus Poulsen  
E-mail: [claus.m.poulsen@gmail.com](mailto:claus.m.poulsen@gmail.com)  
Tel. +45 2139 8730



## 2. Venue | Event center

The event center is situated at ASMILDKLOSTER AGRICULTURAL SCHOOL, with top facilities in order to host the World MTBO Championships.

It is right near the town center of Viborg. Easily accessible by car and public transport. Within 1 km you will find supermarkets, several restaurants and shops. In the event center you will find free massage, free wi-fi, MTBO related shops, bike mechanic, bike wash, bike storage, etc.

The event center will also be used at then 2019 pre-training camp and the Danish MTBO Camp.



## 3. General map

**Aalborg Airport** is situated 90 km from the event center and with connective flights from Copenhagen and Amsterdam.

**The city of Viborg** will host the 2019 WMTBOC & JWMTBOC.

**Karup Airport** is situated 30 km from the event center and with connective flights from Copenhagen.

**Billund Airport** is situated 100 km from the event center and with more than 40 international destinations.

All major road networks of Europe connect to Jutland through Germany and highways from the rest of Europe ends as close as 40 km from Viborg.





## 4. Rules

The 2019 Championships will be organized in accordance with the Competition Rules for IOF MTB Orienteering Events, valid from 1<sup>st</sup> January 2018 and the Special Rules for the World Cup. However, an update is expected on 1<sup>st</sup> January 2019.

All Competition Rules for IOF MTBO rules are available here:

<https://orienteering.org/mtb-orienteering/rules/>

## Riding off track

- Riding off the tracks will be permitted only in the sprint and relay competitions.
- In all other competitions; middle, long and mass start, riding, running and walking off the tracks will be strictly forbidden.

## Controls situated outside paths/tracks

- In the sprint and relay competitions, controls can occur outside the tracks.

## 5. Program

		WMTBOC   WCup	JWMTBOC	Viborg MTBO 6-days	
Thursday	25 <sup>th</sup> July	Arrivals & training	Arrivals & training	Arrivals & training possible	
Friday	26 <sup>th</sup> July	Arrivals & training	Arrivals & training		
Saturday	27 <sup>th</sup> July	Model event sprint	Model event sprint	Model event sprint	
Sunday	28 <sup>th</sup> July	<b>Sprint</b> Opening ceremony	<b>Sprint</b> Opening ceremony	Stage 1:	Sprint
Monday	29 <sup>th</sup> July	Model event forest	Model event forest	Stage 2:	Middle
Tuesday	30 <sup>th</sup> July	<b>Middle</b>	<b>Middle</b>	Stage 3:	Middle
Wednesday	31 <sup>st</sup> July	<b>Long</b>	<b>Long</b>	Rest day	
Thursday	1 <sup>st</sup> August	Rest day	Rest day	Stage 4:	Long
Friday	2 <sup>nd</sup> August	<b>Mass start</b>	<b>Mass start</b>	Stage 5:	Mass start
Saturday	3 <sup>rd</sup> August	<b>Relay</b> Closing ceremony Banquet	<b>Relay</b> Closing ceremony Banquet	Stage 6:	Semi-free order, chasing start
Sunday	4 <sup>th</sup> August	Departures	Departures	Departures	

World Cup round 2: W21 & M21 all individual competitions and Team Relay.

Young Guns Series: W20, M20, W17 & M17 sprint & middle.

## 6. Winning times

Discipline	Winning times* WMTBOC	Winning times* JWMTBOC
Sprint	20-25	16-20
Middle	50-55	40-44
Long	105-115	84-92
Mass start	75-85	60-68
Relay	40-45 per leg 120-135 in total	30-35 per leg 90-105 in total

\* winning times in minutes.

## 7. Maps details | Map samples | Terrain description

All maps are produced in accordance with the ISMTBOM 2010 and later amendments.  
All maps are made by the same mapper.

### **Sprint**

#### **Viborg City Center**

The area has never been mapped before.

Map scale: 1:5000, contour: 2,5 m.

Terrain: City center with narrow streets,

Distance from EC: 1 km

**Notice: Viborg City Center is fully embargoed – also for shopping, walking etc.**



### **Middle**

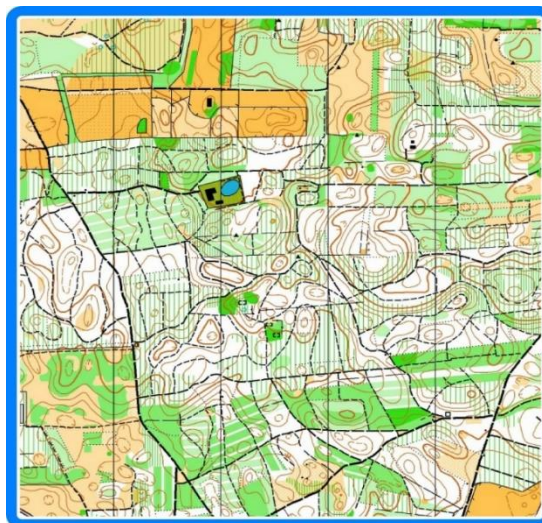
#### **Ebeltoft**

Old MTBO map from 2013.

Map scale: 1:7500 or 1:10000, contour: 2,5 m.

Terrain: A technical terrain with a dense network of paths and tracks. Rather flat, but small hills now and then.

Distance from EC: 99 km



**Long**  
**Stråsø**

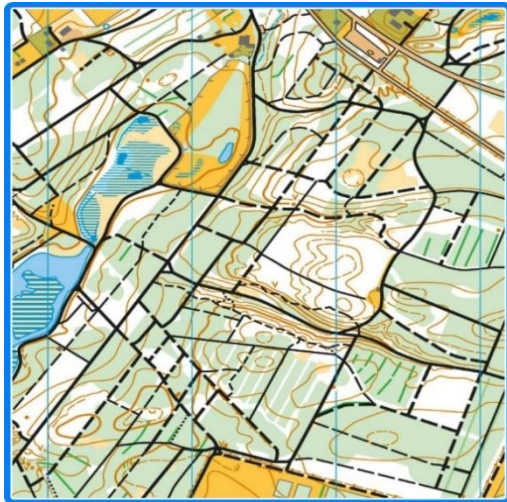
Old MTBO map from 2011.

However a new area has been submitted.

*Map scale: 1:15000, contour: 2,5 m.*

*Terrain: Typical Northwest terrain with long gravel roads. Hilly in some areas.*

*Distance from EC: 70 km*

**Mass start**  
**Undallslund**

Old MTBO map from 2013.

*Map scale: 1:7500 or 1:10000, contour: 2,5 m.*

*Terrain: Forest with a dense network of paths and tracks. Rather flat.*

*Distance from EC: 7 km*

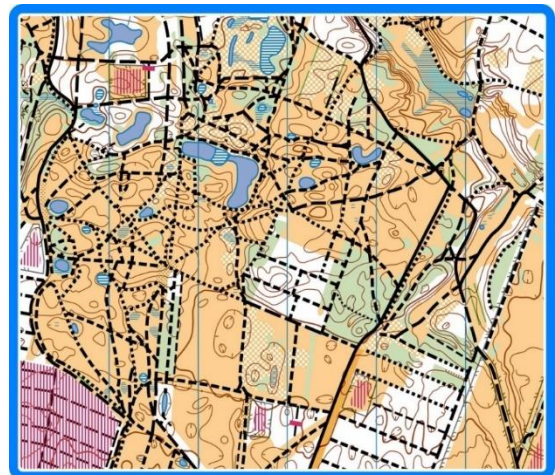
**Relay**  
**Finderup**

Old MTBO map from 2011.

*Map scale: 1:7500 or 1:10000, contour: 2,5 m.*

*Terrain: Military training area with lots of tracks. Sandy ground, small hills and open areas.*

*Distance from EC: 14 km*





## 8. Time keeping system

SPORTident Air+ will be used in all competitions.

The minimum working range is 150 cm.

All competitors will have to use an ActiveCard (SIAC). Rental will be possible.

Regarding back up cards; it is under consideration and we expect more information from the IOF MTBO Commission in near future. More information on the website and/or in bulletin #3.

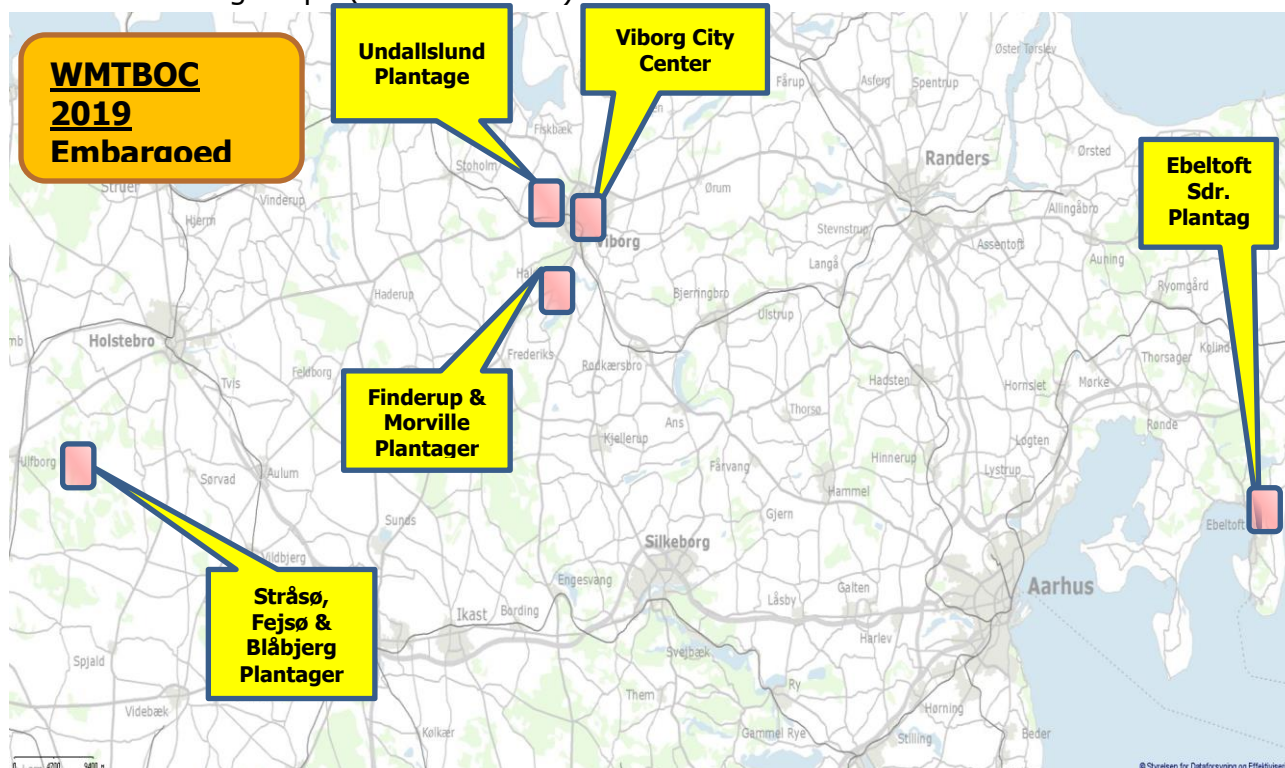
## 9. Embargoed areas

The embargo is in place until after the WMTBOC 2019 in July/August 2019. The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organizers. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team coaches, manager or anyone associated the team/individual.

### Viborg City Center is totally embargoed!

Any permission for access into embargoed areas must be requested from the organizers, if needed and before access. This includes also if there are any MTB events taking place in the embargoed areas and potential competitors wish to participate. The embargo includes the use of drones in or about the terrain.

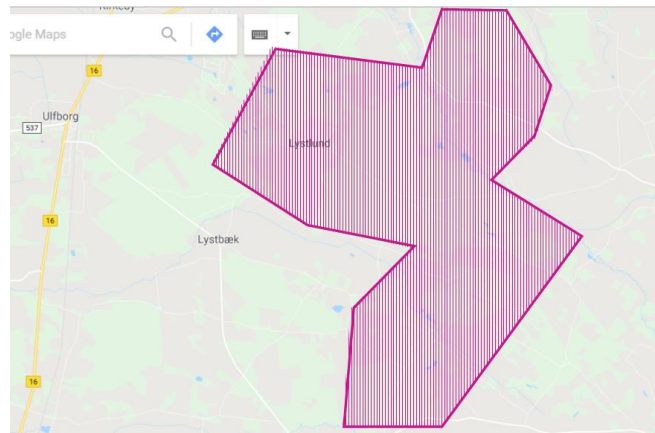
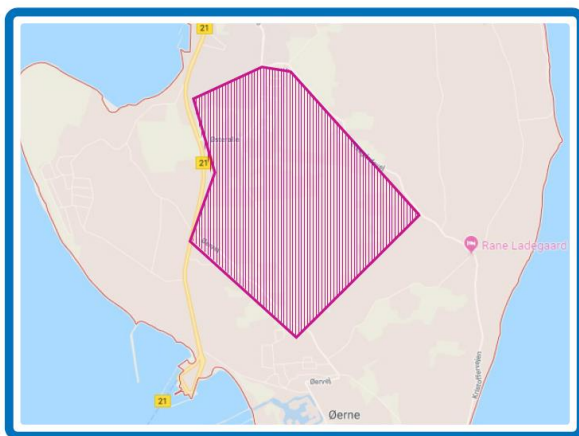
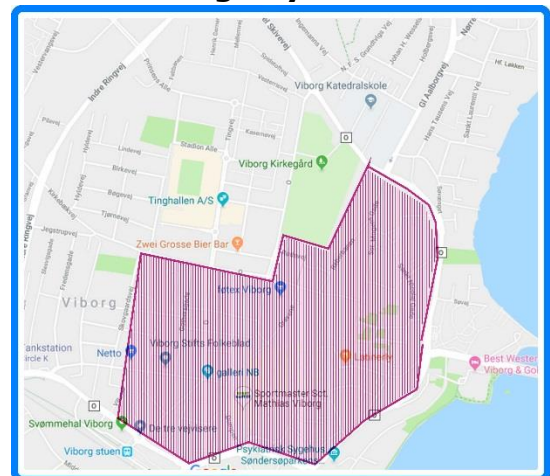
Old orienteering maps (MTBO or Foot) are available on the website.



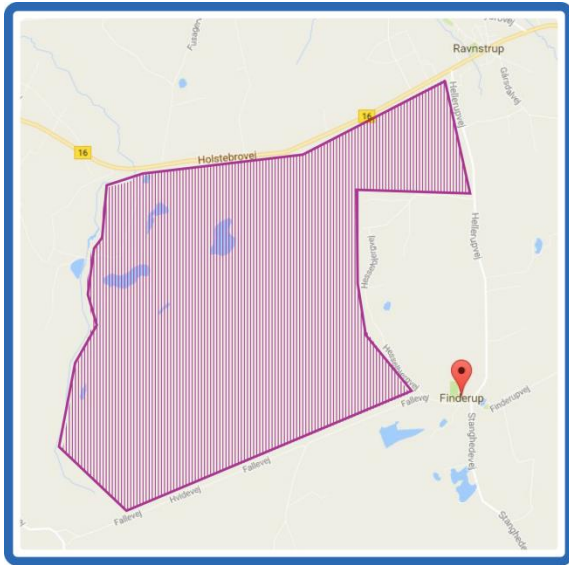


**Embargoed areas**

See full embargoed areas on the website.

**Undallslund****Stråså****Ebeltoft****Viborg city center**

## Finderup



## 10. Classes & participation

Competitors participate at their own risk. Third party insurance and personal injury insurance is compulsory and shall be the responsibility of their federation or themselves, according to national regulations.

All competitors represent a federation. Each federation may enter a team of an unlimited number of competitors and a maximum number of 6 team officials.

### World MTBO Championships

- There is one class for women and one for men. There are no age restrictions.
- In the mass start, middle distance and the sprint every federation may enter up to 6 women and 6 men and, in addition, the current World Champions for the distance may be entered by their federation(s) provided they are members of the federation's team.
- In the relay, each federation may enter 2 women's teams and 2 men's teams, each consisting of 3 team members. Incomplete teams and teams with cyclists from more than one federation are not allowed. Under no circumstances may persons other than entered competitors participate in the competition.
- For the long distance, the number of competitors who may enter is limited. The qualification rules are published as Special Rules decided by IOF Council and published at the latest by 31<sup>st</sup> January in the year of the competition.
- *A competitor must have a valid IOF Athlete License.*

### Junior World MTBO Championships

- There is one class for women and one for men. Only competitors who are entitled to compete in the classes W20 or M20 may participate.
- In each competition every federation may enter up to 6 women and 6 men.

- In the relay, each federation may enter 2 women's teams and 2 men's teams, each consisting of 3 team members. Incomplete teams and teams with cyclists from more than one Federation are not allowed. Under no circumstances may persons other than entered competitors participate in the competition.

## 11. Entries

All entries via IOF eventor: <https://eventor.orienteering.org/Events/Show/5690>

Competitors may only be entered by their federation. Entries open at 15<sup>th</sup> September 2018.

### Deadlines

#### **Team size by 24<sup>th</sup> May 2019**

- Federation
- Total number of each gender
- Number of competitors in each discipline
- Number of relay teams
- Number of team officials (the maximum number is 6 per federation)
- Name of team manager, e-mail address and contact number
- Number of SIAC rentals

#### **Team names by 17<sup>th</sup> July 2019**

- Each competitor's family name, first name, gender, year of birth, the competitions in which they will compete and SIAC number
- Names of team officials

## 12. Entry fees

	WMTBOC	JWMTBOC
Entry fee*	EUR 60	EUR 40
All competitors; per person		
Accreditation fee**	EUR 60	
Team officials e.g.; per person		
Sprint; per person	EUR 60	EUR 40
Middle; per person	EUR 60	EUR 40
Long; per person	EUR 60	EUR 40
Mass start; per person	EUR 60	EUR 40
Relay; per team	EUR 180	EUR 120

\*Including model events and banquet.

\*\* Including banquet.

Full payment of all entries including accreditation fees must be made **no later than 14<sup>th</sup> June 2019**.

### Payment details

IBAN: DK0993851110076904

Account holder: Dansk Orienterings-Forbund (Danish Orienteering Federation)

Company ID: 45102319  
 Address: Idrættens Hus, Brøndby Stadion 20, DK-2605 Brøndby  
 SWIFT/BIC: SPNODK22  
 Bank: Spar Nord  
 All charges/bank fees are to be paid by the sender.

### Late entries

Late entries/withdrawals will be accepted as follow:

- After the 24<sup>th</sup> May the surcharge is 20 % and withdrawals receive a 80 % refund.
  - After the 17<sup>th</sup> July the surcharge is 50 % and withdrawals receive a 50 % refund.
- Names changes incur in a EUR 10 fee per name.

After the 21<sup>st</sup> July entries will not be accepted.

### 13. Accommodation

## Important

*At the same time as the 2019 Championships, the city of Viborg will host a youth handball event. It is expected that around 4000 participants plus relatives will take part. So, expect limited space for accommodation as times flies. We recommend you to order accommodation as soon as possible to be sure you are ready for the championships.*



### Accommodation at the event center

Type of room	Price per night per person	Number of rooms	Remarks
2-persons room with access to shared bathroom*	EUR 52	115	Max 2 persons per room
Single person room with access to shared bathroom*	EUR 64	115	Max 1 person per room
Classroom, hard floor**	EUR 35	A lot	Max 20 persons per room
Camper (van) at the parking lot incl. half board***	EUR 25	Plenty of space	
Small apartment suitable for 2 persons	EUR 59	25	Max 2 persons per room

\* bathroom shared with one other room.



*\*\*bring mattress or sleeping pad and sleeping bag or duvet/pillow.*

*\*\*\*access to shower, bathroom etc.*

All prices as of 2018 including half board per person, per night.

No reduce to B&B possible.

More information and accommodation form will be on the website. Please, make your reservations as soon as possible after 15<sup>th</sup> September and no later than 15<sup>th</sup> January 2019.

Payment : Full payment of all accommodation must be made ***no later than 14<sup>th</sup> June 2019***. See payment details in point 12.



**Visit Viborg is ready to help you with accommodation for your stay in Viborg.**

<https://www.visitviborg.com/In-int/viborg/are-you-guest-viborg>

### **Welcome to the Viborg region, the heart of Jutland!**

A visit to Viborg - called the "Heart of Jutland" - is a trip through history, culture and nature. Visitors will find a wonderful mixture of an historical medieval town and beautiful varied countryside. Almost 400 years ago a historian said: "Viborg is like the mother of Jutland". The history of Viborg can be traced back a very long time. Take a walk through the cobbled streets and imagine the bustle of life in the middle.

### **A modern municipality of growth**

The Municipality of Viborg has more than 95,000 citizens. This makes us the 9th largest municipality and a very strong player on the municipal map of Denmark. Furthermore, the city of Viborg is the "capital" of the Region of Mid-Jutland. From Viborg City it takes you about 25 minutes to go to Karup Airport by car, within one hour you can get to Aalborg or Aarhus and within app. 3½ hours to get to Copenhagen.

Viborg is a dynamic, pulsating city, focusing on a good quality of life. The growth in the number of newcomers shows an increasing interest in living, learning and working in Viborg or one of the many small villages located in the beautiful landscape around Viborg. In our own quiet way, we are proud of Viborg today – and we are proud of our history.

### **The history of Viborg**

Viborg is second oldest city in Denmark. The official formation of Viborg started around the year 1000, but the area had been a sacred rallying ground since ancient times. The name "Viborg" is a combination of the Danish words "Wii" - which means sacred - and "bjerg" - which means hill, i.e.: The sacred hill.

Viborg Cathedral was, after a huge City fire, rebuilt in 1864-1876 as a round-arched Romanesque granite church and is still an impressive feat of construction. Inside you can see huge wall-murals painted by Joakim Skovgaard.

Viborg region has an unusually varied landscape with green woods, deep lakes, dramatic hills and open heath land. In Dollerup Bakker (Hills), you can listen to the bubbling springs all year round and feast your eyes on the glittering Hald Lake. The town of Viborg is slow-paced, yet charming. Viborg citizens are proud of the city's beautiful shop fronts and buildings. They provide an attractive atmosphere and are the framework for an active busy market town, with many pedestrian streets and squares. There are many cafés, small galleries and exciting boutiques with clothes and crafts. Every Saturday throughout the year, there is a market on Nytorv and Sct. Mathias Centre is home to 35 specialist stores under a single roof.

Further information about Viborg and the region is available on [visitviborg.dk](http://visitviborg.dk). You're about to discover the Viborg region and we look forward to welcoming you! *We wish you all a good and eventful World Championships.*

**Charlotte Kastbjerg**, Director VisitViborg

**We recommend our sponsors**

### **Golf Hotel Viborg**

It is with great pleasure, that we welcome all our guests to Best Western Golf Hotel Viborg & Golf Salonen. Our hotel has a central location in Viborg - the heart of Jutland, making us a choice location to meet. Whether it is for a lovely dinner in our restaurant, a short stay, a relaxing weekend mini break, or for hosting a big conference or party, we are ready to receive you.

The outstanding surroundings by the beautiful lakes and park in Viborg with a peaceful atmosphere, gives your stay an extra dimension. Our hotel has a well-educated and flexible staff with many years of experience - and an attitude, that won't make you regret choosing Best Western Golf Hotel Viborg

The Hotel offers you "Sleep with your bike" - If you wish, you can borrow a specially made bike mat without charge, so you can take the bike in the room.

MTB guests can also enjoy our new laundry facilities, with room for more users who can wash the bikes after a mud trip.

Puzzles for the professionals - Do you need to be in dry weather, or just a little cold, then go straight to our dedicated "bicycle workshop" with light and heat, as well as the opportunity to adjust the bike to the next day challenges.



<https://www.golfhotelviborg.dk/ophold/mtb-ophold/>

This Hotel is only 1 km from the event center and 500 m from the town center.



Photo:  
Burmenn.at

### **Motel Spar 10 Viborg**

Motel Spar 10 hotel invites you for a pleasant stay situated in pleasant green surroundings. This means that when you step outside, there will be forests and nature.

These natural surroundings contribute to make your stay at our hotel and motel even cozier and more comfortable and especially relaxing.

Here at Motel Spar 10 hotel you have the opportunity to find cheap accommodation and rent rooms to different events.

We offer rooms in a peaceful and tranquil setting of our hotel, where you will be greeted by the staff by an informal tone and a receive good treatment that will make sure that your stay at our motel will be nice and very comfortable.

At the motel you will find cozy and clean rooms, where you can get a good night's sleep. You'll also find common living areas at our hotel as well as a common mini-bar, where you can buy beer and soft drinks at reasonable prices.

Access to kitchenette, where you can make coffee or the 24/7. There is also an opportunity to cook, use the washing machine and tumble dryer. With our informal manner, we are sure that you will enjoy staying at our facilities

The Motel offers also the opportunity to use the bike wash.



<https://www.motel-spar10-viborg.dk/>

The Motel is only 4 km from the event center and 3 km from the town center.

All prices as of 2018 with half board per person and night (no reduce to B&B possible).

## 14. Transport

To/from the nearest airport: On request. There will be a fee in EUR.

Daily transport: On request. There will be a fee in EUR.

Public transport from the nearest airports is possible, however it is rather tricky.

E-mail us if you need information and we are happy to assist.

All requests must be handed in via e-mail no later than the 24<sup>th</sup> May 2019.

## Rent-a-car

Our sponsor **Intopit** offers you special rates on rental of transport.



Have a closer look at:

<https://www.intopit.dk/vm-mtbo2019/>

## 15. Climate

Average temperature in July/August is just below 20° C. However, the temperature can go as high as up to 30° C. Mean temperature during nighttime is 13-15° C.

Average rainy days are 14-16 per month. The average precipitation is between 77-91 mm per month.

## 16. Entry permits (Visas)

Denmark is a full Schengen member state. For residence outside Schengen you will have to apply for a short stay visa. Read more here:

<http://um.dk/en/travel-and-residence/short-stay-visas/>

We are happy to assist if you e.g. need a personal invitation. Otherwise this bulletin #2 is the official invitation.

## 17. Training opportunities

### **Official WMTBOC/JWMTBOC pre-training camp (elite & juniors only)**

13<sup>th</sup>-16<sup>th</sup> April 2019.

Event center: ASMILDKLOSTER AGRICULTURAL SCHOOL, same as the WMTBOC. Relevant WMTBOC terrains and same mapper and course setter's.

Pre-training camp entry fee including 6 x trainings and a workshop:  
EUR 60 per person.

Entry opens preliminary 1<sup>st</sup> January 2019, ends 15<sup>th</sup> March 2019.

Late entry: + 30 %.

Accommodation at the 2019 World Champs event center. Available rooms, prices e.g. will be published on the website.

### **The Danish MTBO camp 2019 (open to all)**



17<sup>th</sup>-21<sup>st</sup> April 2019. The camp offers same event center and same terrain types as the World Championships. Find out more on [www.mtbocamp.dk](http://www.mtbocamp.dk)

**Notice: Viborg City Center is fully embargoed at all times for elite, juniors and team officials!**

Further information on the official camp and Danish MTBO camp, please contact:

**Bjarne Hoffmann**

E-mail: [bjarne1@orientering.dk](mailto:bjarne1@orientering.dk)

Tel. +45 4017 7069

### **Danish MTBO races**

All Danish MTBO races are published here.

Webpage: [www.do-f.dk](http://www.do-f.dk)

### **Individual training camps**

We will be able to provide you with MTBO maps on request for your own training (map prices app. 4-8 EUR). Just e-mail, but in due time as we will have to ask for permits.

## **18. Media services**

Media representatives are more than welcome to the Championships. Accreditation shall be done via e-mail no later than 1<sup>st</sup> July 2019. E-mail: [info@mtbo2019.com](mailto:info@mtbo2019.com)

## **19. More information**

### **Webpage**

<http://wmtboc2019.dk>

### **Facebook**

@wmtboc2019.dk

### **Bulletins**

- #3 will be published in May 2019.
- #4 will be published the week before the championships.

### **Viborg MTBO 6-days**

Along the championships, Viborg MTBO 6-days, an open stage race will take place in almost the same terrains as the Championships.

This includes 2 x World Masters Series races and 2 x Young Guns Series races (Youth & Juniors) races.

Bulletin 1/2 will be published 1<sup>st</sup> November 2018.

***We are very much looking forward hosting the  
World MTBO Championships 2019***

***See you in Viborg, Denmark***



*Photo: Burmann.at*